



4-Day School Week

STUDENT SNAPSHOT

The Livingstone Range School Division Board of Trustees will decide if implementing a 4-day school week is in the best interest of student success, budget efficiencies, and staff retention and recruitment.

WHERE DID THIS IDEA COME FROM?

- Comments from parents on a November 2020 school year calendar survey showed interest in an adjusted school week
- Results of a March 2021 survey where 41% of parents and 49% of staff were in favor of exploring a 4-day school week
- Comments from an October 2022 school year calendar survey where 68% expressed interest in a 4-day school week

WHAT DOES A 4-DAY SCHOOL WEEK LOOK LIKE?

We are considering a true 4-day school week where students are in class 4 full days each week. Typically this is a Monday-to-Thursday schedule, but where there is a statutory holiday during the week students will be in class four days that week (with Friday being a full day). Each day is lengthened by an average of 5-10 minutes to accommodate the Alberta Education requirements of annual hours. Teaching staff will work a fifth day approximately twice each month to effectively meet their professional responsibilities.

HOW WILL A DECISION BE MADE?

The Board of Trustees will consider the effect on student engagement, will use budgeting models to look for projected efficiencies, and will gather stakeholder feedback. The Trustees will use this information to make the best decision in alignment with our Mission, Vision, and Core Values. It is anticipated that a decision will be made in February 2025. A final report will accompany the decision announcement.

HOW CAN I PROVIDE FEEDBACK?

The Division is exploring this idea, not promoting it. The Trustees are seeking feedback from stakeholder groups — including students — to understand their perspectives and concerns. Email comments to 4dayweek@lrsd.ab.ca.

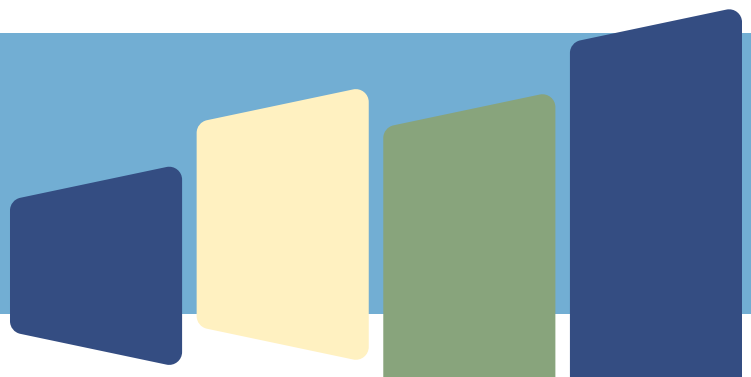
WHAT WOULD A POTENTIAL SCHOOL YEAR CALENDAR LOOK LIKE?

A potential draft calendar for the 2025-2026 school year has 157 instructional days for students. For comparison, the 2023-2024 school year has 180 instructional days. Those days would be made up by increased instructional time each day (on average, an increase of 5-10 minutes) and creating efficiencies in school timetables.



Livingstone Range
SCHOOL DIVISION

www.lrsd.ca/4dayweek
4dayweek@lrsd.ab.ca



HOW MIGHT THE SCHOOL TIMETABLES CHANGE?

In a 4-day school week scenario, the four instructional days are lengthened by an average of 5-10 minutes. This is possible because of restructured timetable efficiencies such as fewer minutes between classes. A Division-wide timetable creates opportunities for streamlined timetables, as well as the potential of common virtual class blocks for some high school subjects. Recesses and lunch breaks will still allow students time to use the bathroom, go outside, and eat their snacks or lunch.

POTENTIAL ELEMENTARY TIMETABLE

Time	Class	Minutes
8:30-9:10	Block 1	40
9:10-9:50	Block 2	40
9:50-10:30	Block 3	40
10:30-10:42	Recess	12
10:42-11:22	Block 4	40
11:22-12:02	Block 5	40
12:02-12:37	Lunch	35
12:37-1:17	Block 6	40
1:17-01:57	Block 7	40
1:57-2:09	Recess	12
2:09-2:49	Block 8	40
2:49-3:34	Block 9	45
TOTAL INSTRUCTION:		365 mins

POTENTIAL JUNIOR HIGH TIMETABLE

Time	Class	Minutes
8:30-9:15	Block 1	45
9:15-9:55	Block 2	40
9:55-9:58	Class Change	3
9:58-10:38	Block 3	40
10:38-10:41	Class Change	3
10:41-11:26	Block 4	40
11:26-11:29	Class Change	3
11:29-12:09	Block 5	40
12:09-12:44	Lunch	35
12:44-1:24	Block 6	40
1:24-1:27	Class Change	3
1:27-2:07	Block 7	40
2:07-2:10	Class Change	3
1:27-2:07	Block 7	40
2:07-2:10	Class Change	3
2:10-2:50	Block 8	40
2:50-2:53	Class Change	3
2:53-3:33	Block 9	40
TOTAL INSTRUCTION:		365 mins

POTENTIAL HIGH SCHOOL TIMETABLE

Time	Class	Minutes
8:30-9:50	Block 1	80
9:50-9:52	Class Change	2
9:52-11:12	Block 2	80
11:12-11:14	Class Change	2
11:14-12:19	Advisory/Flex	65
12:19-12:54	Lunch	35
12:54-2:14	Block 3	80
2:14-2:16	Class Change	2
2:16-3:36	Block 4	80
TOTAL INSTRUCTION:		385 mins